



<b>CRITERION 3</b> <b>Research, Innovations and Extension</b>	<b>3.6 Extension Activities</b>
<b>3.6.3 - Number of extension and outreach programmes conducted by the institution through NSS/NCC/Red Cross/YRC, etc. during the year (including Government-initiated programmes such as Swachh Bharat, AIDS Awareness, and Gender Sensitization and those organised in collaboration with industry, community and NGOs) thereof during the last five years</b>	

<b>Name of the activity</b>	<b>Organising unit/ agency/ collaborating agency</b>	<b>Name of the scheme</b>	<b>Year of the activity</b>	<b>Number of students participated in such activities</b>
<b>Year 4 (2018-19)</b>				
<b>NSS</b>				
Swachh Bharat Summer Internship - 2018	Arasankulam & Kalkurichi Panchayat	Environmental Related Activity	2018	52
Awareness Rally on Plastic free Environment	Tamil Nadu Revenue department, Madurai	Environmental Related Activity	2018	1047
Blood Donation Camp - Phase 1	Meenakshi Mission Hospital and Research Centre & Govt. Rajaji Hospital, Madurai	Health Related Activity	2018	389
AIDS Awareness Program	Govt. Hospital, Virudhunagar	Health Related Activity	2018	57
Blood Donation Camp - Phase 2	Meenakshi Mission Hospital and Research Centre & Govt. Rajaji Hospital, Madurai	Health Related Activity	2018	275
General Medical Camp for village people	Meenakshi Mission Hospital and Research Centre - Madurai	Health Related Activity	2018	51

Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
Awareness Program on Road Safety	CSR Activity by TVS Sundaram Fastener - Krishnapuram	Social and Health Related Activity	2018	512
<b>Rotaract Club</b>				
Tree plantation	Velli Veethiar Girls Higher Secondary School, Madurai	Environmental Related Activity	2018	23
Little Free Library Instillation	Velli Veethiar Girls Higher Secondary School, Madurai	Social Activity	2018	24
Tree Plantation	Officials of Lions Club - Madurai	Environmental Related Activity	2018	
Saving Electricity	Rotaract club of SIT	Environmental Related Activity	2018	23
Ryla 18 - Intercollegiate	Rotaract club of SIT	Social Activity	2018	28
Awareness Program on Role of Rotaract Club in Social Activities	Rotaract club of SIT	Social Activity	2018	65
Resource arrangement program in Central Library	Rotaract club of SIT	Social Activity	2018	38
<b>Youth Red Cross</b>				
Stress Management	Thiagarajar college - Madurai	Health Related Activity	2018	57
<b>ECO Club</b>				
Young Environmental Talent Program	Caring Nature	Environmental Related Activity	2018	31
<b>Women Empowerment Cell</b>				
Workshop on Building yourself as a brand	Women Empowerment Cell	Students Empowerment	2018	105

<b>Name of the activity</b>	<b>Organising unit/ agency/ collaborating agency</b>	<b>Name of the scheme</b>	<b>Year of the activity</b>	<b>Number of students participated in such activities</b>
Dear Final year Event	Women Empowerment Cell	Students Empowerment	2018	204
Self-defense training program	Women Empowerment Cell	Students Empowerment	2018	153
Guest Lecture on Legal Rights for Women	Women Empowerment Cell	Students Empowerment	2018	201
Role of women in science and technology	Women Empowerment Cell	Students Empowerment	2018	65
Women's Day Competitions	Women Empowerment Cell	Students Empowerment	2018	105

**Academic Year 2018-2019****NSS****Swachh Bharat Summer Internship - 2018**

Name of the activity	:	Swachh Bharat Summer Internship - 2018
Collaborative Agency	:	Arasankulam & Kalkurichi Panchayat
Year of the activity	:	2018
No. of students participated	:	52

The Swachh Bharat Summer Internship - 2018 was an initiative undertaken by a collaborative agency consisting of the Arasankulam and Kalkurichi Panchayats. The activity was held in the year 2018, and saw the participation of 50 students.

The aim of the Swachh Bharat Summer Internship was to promote cleanliness and hygiene in the rural areas of Arasankulam and Kalkurichi. The initiative was in line with the Swachh Bharat Abhiyan, which is a nation-wide campaign launched by the Government of India to make India clean and free of open defecation by 2<sup>nd</sup> October 2018, the 150th birth anniversary of Mahatma Gandhi.

During the internship, the students actively participated in various cleanliness drives and awareness campaigns, including cleaning of streets and public areas, waste segregation, and spreading awareness about the importance of maintaining cleanliness and hygiene. The students also interacted with the local communities and educated them about the various measures that can be taken to ensure a clean and healthy environment.

The collaborative agency of Arasankulam and Kalkurichi Panchayats provided the necessary support and guidance to the students throughout the internship. The initiative was a great success, as it not only promoted cleanliness and hygiene in the rural areas, but also raised awareness about the Swachh Bharat Abhiyan and its importance in creating a healthy and sustainable environment.

Overall, the Swachh Bharat Summer Internship - 2018 was a great initiative that saw the participation of 50 enthusiastic students who were committed to making a positive impact in their communities. The activity served as a model for how collaborative efforts between educational institutions and local agencies can help to create a cleaner and healthier environment, and promote the values of Swachh Bharat Abhiyan in the country.



Swachh Bharat Summer Internship at Arasangulam on 1<sup>st</sup> July 2018



## NSS

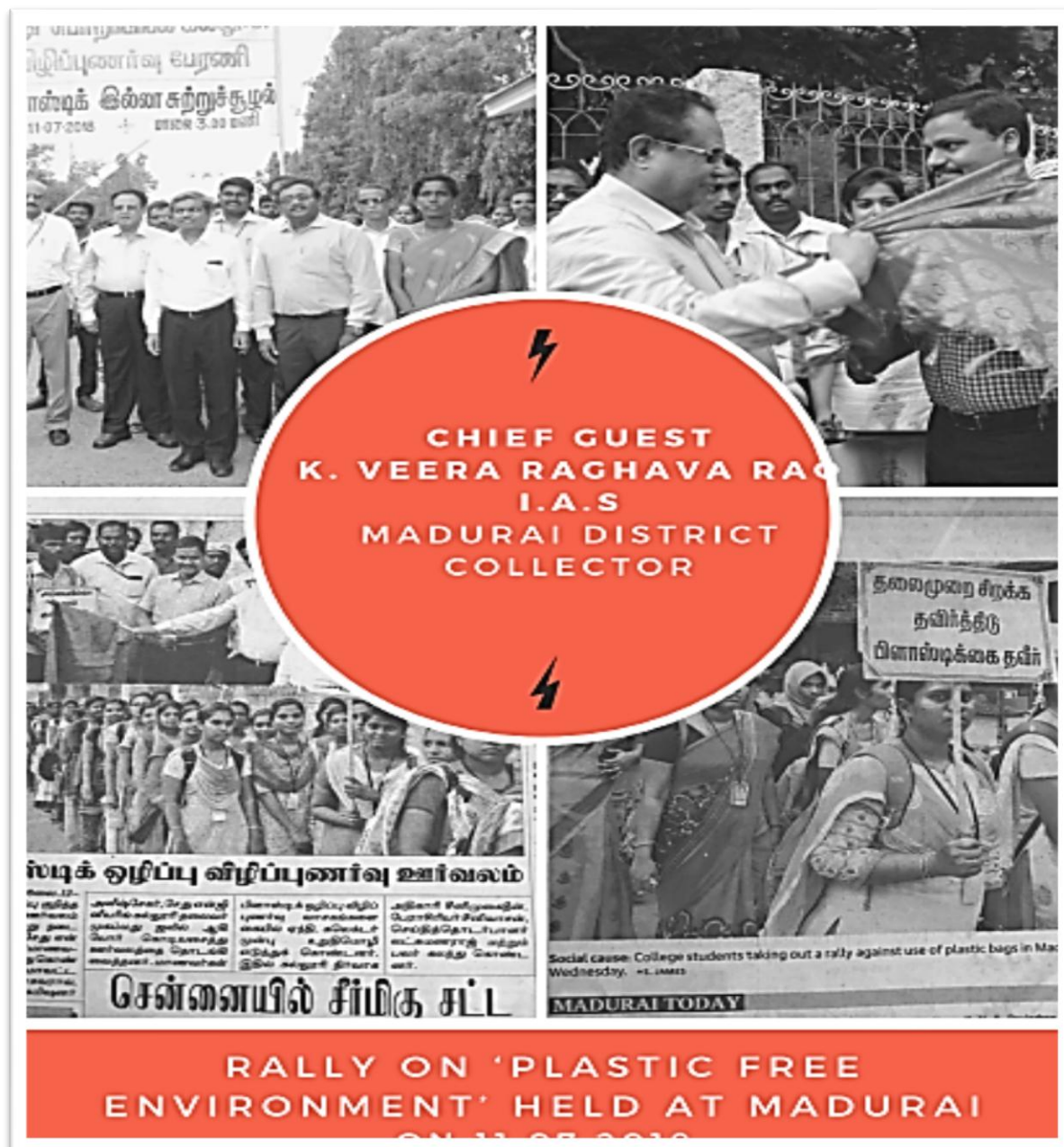
## Awareness Rally on Plastic free Environment

Name of the activity : Awareness Rally on Plastic free Environment

Collaborative Agency : Tamil Nadu Revenue department, Madurai

Year of the activity : 2018

No. of students participated: 2206



In 2017, the Tamil Nadu Revenue Department in Madurai organized an Awareness Rally on Plastic-Free Environment in collaboration with various schools and colleges in the city. The objective of this activity was to create awareness about the detrimental impact of plastic on the environment and to encourage people to reduce, reuse and recycle plastic.

Around 2200 students from different schools and colleges actively participated in the rally. The event started with a rally from the Revenue department office to the city center, covering various residential and commercial areas of the city. The students carried placards with slogans to spread the message of a plastic-free environment. They also distributed pamphlets and informative materials to the public, highlighting the need to reduce the usage of plastic and its harmful effects on the environment.

After the rally, a seminar was conducted, where various speakers discussed the importance of sustainable living and the need to adopt eco-friendly alternatives to plastic. The students also presented skits and street plays to convey the message to the public.

The activity received a positive response from the public, and it helped in creating awareness among the people about the need to reduce plastic usage. The Revenue department also continued to conduct similar activities in the following years, and it has become an annual event in Madurai. This activity serves as an excellent example of how collective efforts can create a significant impact on the environment and inspire people to live sustainably.

The Awareness Rally on Plastic-Free Environment organized by the Tamil Nadu Revenue Department in Madurai in collaboration with various colleges had a significant impact on the community. Here is an impact analysis of the activity:

1. Increased awareness
2. Attitude change:
3. Positive response:
4. Increased participation:
5. Behavioral change:

**NSS****Blood Donation Camp - Phase 1**

Name of the activity	:	Blood Donation Camp - Phase 1
Collaborative Agency	:	Meenakshi Mission Hospital and Research Centre & Govt. Rajaji Hospital, Madurai
Year of the activity	:	16.10.2018
No. of students participated	:	389



Blood Donation Camp - Phase 1 on 16.10.2018

In 2018, Meenakshi Mission Hospital and Research Centre and Government Rajaji Hospital in Madurai organized a Blood Donation Camp, Phase 1. The objective of the activity was to create awareness about the importance of blood donation and to encourage people to participate in blood donation drives.

Around 400 students from Sethu Institute of Technologys in Madurai actively participated in the blood donation camp. The event started with a briefing session, where the students were educated about the importance of blood donation, the process, and the benefits. After the briefing, the students who were eligible to donate blood were screened for various health parameters.



The students who were eligible for blood donation voluntarily came forward and donated blood. The organizers made sure that the entire process was safe and hygienic. The students were provided with refreshments after the blood donation, and they were also educated about the post-donation care they need to take.

The Blood Donation Camp received a positive response from the community, and it helped in creating awareness about the importance of blood donation. The activity played a significant role in addressing the blood shortage in hospitals and helped in saving many lives. The activity also helped in creating a positive image for Meenakshi Mission Hospital and Research Centre and Government Rajaji Hospital.

In conclusion, the Blood Donation Camp organized by Meenakshi Mission Hospital and Research Centre and Government Rajaji Hospital was successful in creating awareness about the importance of blood donation and encouraging people to participate in blood donation drives. The activity helped in addressing the blood shortage in hospitals and played a significant role in saving many lives. The activity received a positive response from the community, and it has now become an annual event in Madurai.

**NSS**  
**AIDS Awareness Program**

Name of the activity	:	AIDS Awareness Program
Collaborative Agency	:	Govt. Hospital, Virudhunagar
Year of the activity	:	2018
No. of students participated	:	57



AIDS Awareness Program at Sethu Institute of Technology in the year 2018

In 2018, the Government Hospital in Virudhunagar organized an AIDS Awareness Program in collaboration with NSS unit in Sethu Institute of Technology. The objective of the activity was to create awareness about the AIDS virus and to educate people about its prevention and control.

Around 60 students from Sethu Institute of Technology actively participated in the AIDS Awareness Program. The event started with a briefing session, where the students were educated about the AIDS virus, its symptoms, and the methods of transmission. The students were also provided with information about the prevention

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and control measures, including safe sex practices, use of condoms, and regular medical checkups.

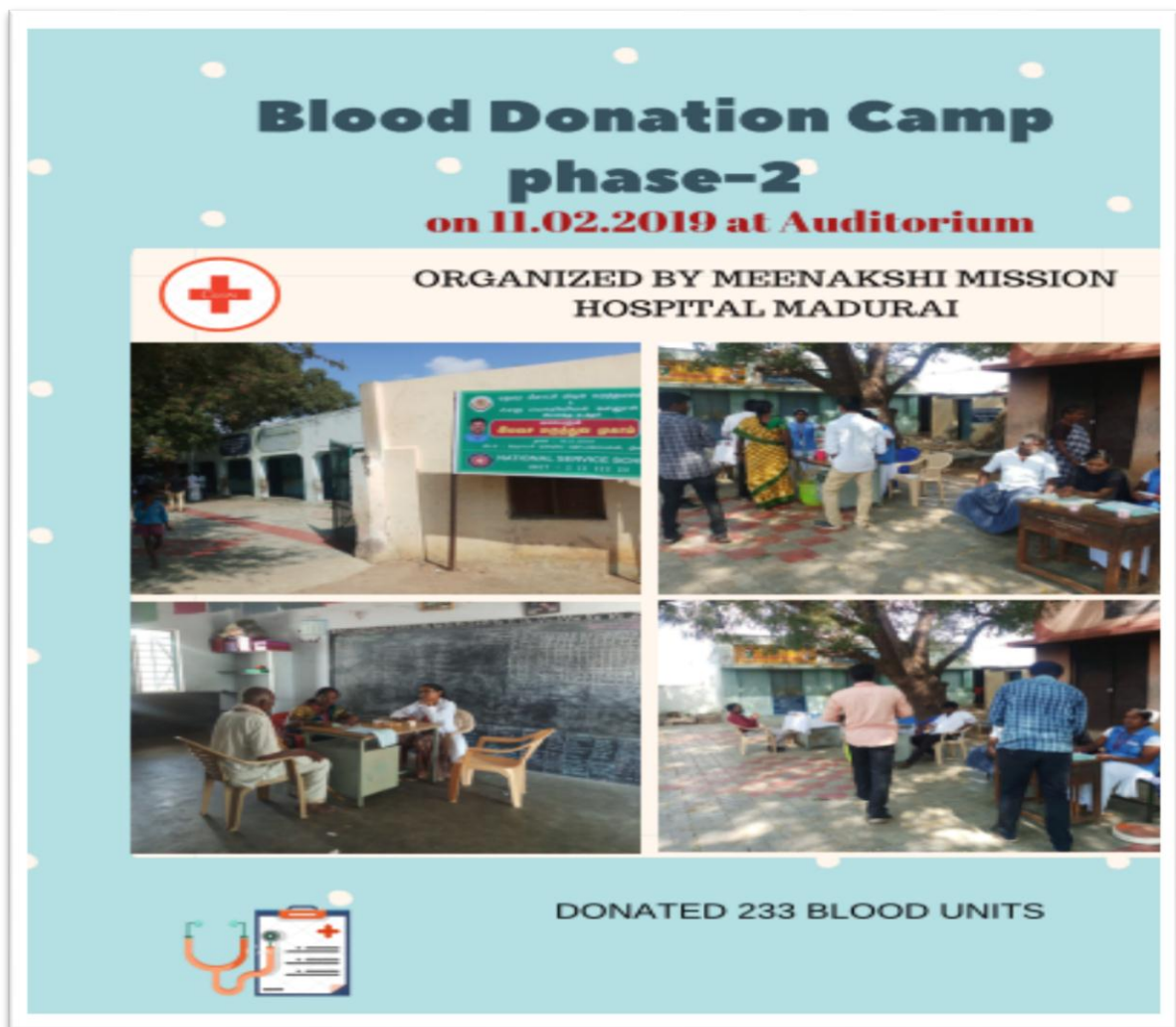
The program also had interactive sessions and group discussions, where the students could clarify their doubts and get their questions answered by the experts. The students were also educated about the myths and misconceptions related to the AIDS virus and were encouraged to spread awareness about the importance of safe sex practices among their peers and the community.

The AIDS Awareness Program received a positive response from the community, and it helped in creating awareness about the AIDS virus and its prevention and control measures. The activity played a significant role in addressing the stigma and discrimination associated with AIDS and helped in promoting a positive attitude towards the people affected by the virus.

In conclusion, the AIDS Awareness Program organized by the Government Hospital in Virudhunagar was successful in creating awareness about the AIDS virus and its prevention and control measures. The activity played a significant role in addressing the stigma and discrimination associated with AIDS and helped in promoting a positive attitude towards the people affected by the virus. The activity received a positive response from the community, and it inspired people to participate in similar awareness programs in the future.

## Blood Donation Camp - Phase 2

Name of the activity	:	Blood Donation Camp - Phase 2
Collaborative Agency	:	Meenakshi Mission Hospital and Research Centre & Govt. Rajaji Hospital, Madurai
Year of the activity	:	2018
No. of students participated	:	275



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In 2018, Meenakshi Mission Hospital and Research Centre and Government Rajaji Hospital in Madurai organized a Blood Donation Camp, Phase 2. The objective of the activity was to create awareness about the importance of blood donation and to encourage people to participate in blood donation drives.

Around 280 students from different colleges in Madurai actively participated in the blood donation camp. The event started with a briefing session, where the students were educated about the importance of blood donation, the process, and the benefits. After the briefing, the students who were eligible to donate blood were screened for various health parameters.

The students who were eligible for blood donation voluntarily came forward and donated blood. The organizers made sure that the entire process was safe and hygienic. The students were provided with refreshments after the blood donation, and they were also educated about the post-donation care they need to take.

The Blood Donation Camp received a positive response from the community, and it helped in creating awareness about the importance of blood donation. The activity played a significant role in addressing the blood shortage in hospitals and helped in saving many lives. The activity also helped in creating a positive image for Meenakshi Mission Hospital and Research Centre and Government Rajaji Hospital.

In conclusion, the Blood Donation Camp organized by Meenakshi Mission Hospital and Research Centre and Government Rajaji Hospital was successful in creating awareness about the importance of blood donation and encouraging people to participate in blood donation drives. The activity helped in addressing the blood shortage in hospitals and played a significant role in saving many lives. The activity received a positive response from the community, and it has now become an annual event in Madurai. The participation of students in the Blood Donation Camp shows that the younger generation is enthusiastic about social causes and are willing to contribute to the society in meaningful ways.

**NSS****General Medical Camp for village people**

Name of the activity	:	General Medical Camp for village people
Collaborative Agency	:	Meenakshi Mission Hospital and Research Centre - Madurai
Year of the activity	:	2018
No. of students participated	:	51





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In 2018, Meenakshi Mission Hospital and Research Centre in Madurai organized a General Medical Camp for village people in collaboration with local authorities. The objective of the activity was to provide medical support to people who could not afford it and to create awareness about basic health care.

Around 50 students from different medical colleges in Madurai actively participated in the General Medical Camp. The event started with a briefing session, where the students were educated about the importance of basic health care and the challenges faced by the people in the rural areas. The students were also provided with information about the common health issues prevalent in the area.

The General Medical Camp offered various medical services, including general check-ups, blood pressure and diabetes tests, and medication for common ailments. The students actively participated in providing medical support and interacted with the patients to understand their health issues better.

The General Medical Camp received a positive response from the community, and it helped in providing medical support to people who could not afford it. The activity played a significant role in addressing the health issues prevalent in the rural areas and helped in promoting basic health care. The activity also helped in creating a positive image for Meenakshi Mission Hospital and Research Centre.

In conclusion, the General Medical Camp organized by Meenakshi Mission Hospital and Research Centre was successful in providing medical support to people who could not afford it and promoting basic health care. The participation of students in the General Medical Camp shows that the younger generation is enthusiastic about social causes and are willing to contribute to the society in meaningful ways. The activity received a positive response from the community, and it has now become an annual event in Madurai. The success of the General Medical Camp has inspired many other institutions to organize similar activities to promote basic health care in the rural areas.

**NSS****Awareness Program on Road Safety**

Name of the activity	:	Awareness Program on Road Safety
Collaborative Agency	:	CSR Activity by TVS Sundaram Fastener – Krishnapuram
Year of the activity	:	08.02.2018
No. of students participated	:	512



Awareness Program on Road Safety at CSR Activity by TVS Sundaram Fastener – Krishnapuram on 08.02.2018



Awareness Program on Road Safety at CSR Activity by TVS Sundaram Fastener –  
Krishnapuram on 08.02.2018



Awareness Program on Road Safety at CSR Activity by TVS Sundaram Fastener –  
Krishnapuram on 08.02.2018

In 2018, an Awareness Program on Road Safety was conducted in collaboration with TVS Sundaram Fastener - Krishnapuram. The aim of the program was to educate students about the importance of road safety and to create awareness about safe driving practices. Around 500 students participated in the event.

The program started with a presentation on road safety, which highlighted the importance of following traffic rules and regulations. The students were made aware of the consequences of reckless driving and the need to drive safely. They were also educated about the different types of road signs and the meaning behind them.

The program also included practical demonstrations, where students were shown how to wear seat belts and helmets, and the importance of using them while driving. The students were also taught about the importance of maintaining a safe distance from other vehicles and the dangers of driving under the influence of alcohol.

In addition to the theoretical and practical sessions, the program also included a question-and-answer session, where the students had the opportunity to clarify any doubts they had about road safety.

The students who participated in the program gained valuable knowledge about road safety and safe driving practices. They learned about the importance of following traffic rules and regulations and the consequences of reckless driving. They also gained practical insights into the use of safety equipment, such as seat belts and helmets, and the importance of maintaining a safe distance from other vehicles.

In conclusion, the Awareness Program on Road Safety was a valuable initiative that served to educate students about the importance of road safety. It raised awareness among the students and helped them understand the importance of following traffic rules and regulations. The collaborative effort of TVS Sundaram Fastener - Krishnapuram and the students who participated in the program was a success in spreading awareness about this important issue.



**ROTARACT CLUB  
TREE PLANTATION**

Name of the activity : Tree Plantation

Collaborative Agency : Velli Veethiar Girls Higher Sec School.  
Madurai

Year of the activity : 05.10.2018

No. of students participated : 23



**Students actively participating in the tree plantation program conducted  
by our rotaractors**

**Date: 05.10.2018**

**Place: Velli Vethiyar Girls Higher Secondary School, Madurai**

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In 2018, the Rotaract Club of Sethu Institute of Technology in collaboration with the Velli Veethiar Girls Higher Secondary School in Madurai organized a Tree Plantation activity. The objective of the activity was to promote the importance of afforestation and to contribute towards creating a greener environment.

Around 20 students from the Rotaract Club actively participated in the Tree Plantation activity. The event started with a briefing session, where the students were educated about the importance of afforestation and the impact of deforestation on the environment. The students were also provided with information about the types of trees suitable for the local environment.

The Tree Plantation activity was carried out in the school premises, and the students planted saplings of different trees. The students were instructed on the correct way to plant and nurture the saplings. The activity helped to create a sense of responsibility towards the environment and the importance of maintaining a green environment.

The Tree Plantation activity received a positive response from the community, and it helped in promoting the importance of afforestation. The activity played a significant role in raising awareness about the environment and the impact of human activities on the natural habitat.

In conclusion, the Tree Plantation activity organized by the Rotaract Club of Sethu Institute of Technology in collaboration with the Velli Veethiar Girls Higher Secondary School was successful in promoting the importance of afforestation and creating awareness about the environment. The participation of students in the Tree Plantation activity shows that the younger generation is conscious of the environment and is willing to contribute to the society in meaningful ways. The success of the Tree Plantation activity has inspired many other institutions to organize similar activities to promote a greener environment.



**ROTARACT CLUB**  
**LITTLE FREE LIBRARY INSTLLATION**

Name of the activity	:	Little Free Library Installation
Collaborative Agency	:	Velli Veethiar Girls Higher Sec School, Madurai
Year of the activity	:	05.10.2018
No. of students participated	:	24



Little free library is great concept that is widely used. We, the Rotaract members provided saplings along with books to encourage the deeds among school students.

Date: 05.10.2018

Place: Velli Vethiyar Girls Higher Secondary School, Madurai

The Rotaract Club of Sethu Institute of Technology collaborated with Velli Veethiar Girls Higher Secondary School in Madurai to install a Little Free Library on the school premises. The objective of the activity was to promote reading and increase access to books among the school community.

Around 20 students from the Rotaract Club actively participated in the installation of the Little Free Library. They first selected a suitable location for the installation, where it would be accessible to all students. Then, they assembled the Little Free Library and filled it with books for all age groups.

The Little Free Library was launched with a brief ceremony, where the students were educated about the benefits of reading and the role of books in promoting knowledge and intellectual growth. The students were also informed about the functioning of the Little Free Library and were encouraged to borrow books and read them.

The installation of the Little Free Library received a positive response from the school community, and it helped in promoting reading and increasing access to books. The Little Free Library proved to be a valuable resource for the students, and it helped to instill a love for reading among them.

In conclusion, the Little Free Library installation organized by the Rotaract Club of Sethu Institute of Technology in collaboration with Velli Veethiar Girls Higher Secondary School was a success in promoting reading and increasing access to books. The participation of students in the installation of the Little Free Library shows that the younger generation is conscious of the importance of reading and is willing to contribute to the society in meaningful ways. The success of the Little Free Library installation has inspired many other institutions to install similar libraries to promote reading and increase access to books.

**Rotaract Club  
Tree Plantation**

Name of the activity	:	Tree Plantation
Collaborative Agency	:	The LIONS Club joined hands with Rotaract Club of SIT
Year of the activity	:	2018
Venue	:	Sethu Institute of Technology
No. of students participated	:	182



Tree Plantation collaboration with Lions Club, Madurai in the Year 2018

In 2018, The Lions Club joined hands with Rotaract Club of SIT and organized Tree plantation program in Sethu Institute of Technology. The objective of this activity was to create awareness about the importance of planting trees for the environment and to encourage people to participate in reforestation activities.

Around 180 students from Sethu Institute of Technology actively participated in the tree plantation activity. The event started with a briefing session, where the

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students were educated about the importance of planting trees and their contribution to the environment. After the briefing, the students were provided with saplings and necessary tools to plant the trees.

The students actively participated in planting the saplings and took ownership of the trees. They were also educated about the importance of nurturing the saplings and the care they require for healthy growth. The activity was successful in creating a sense of responsibility among the students towards the environment and encouraged them to take part in similar activities in the future.

The Tree Plantation activity received a positive response from the community, and it helped in creating a green cover in the city. The activity played a significant role in creating a positive image for the Lions Club and inspired people to participate in reforestation activities. The activity has now become an annual event in Madurai, and more people are taking part in the tree plantation activities every year.

In conclusion, the Tree Plantation activity organized by the officials of Lions Club in Madurai was successful in creating awareness about the importance of planting trees and encouraging people to participate in reforestation activities. The activity helped in creating a sense of responsibility towards the environment among the students, and it received a positive response from the community. The activity has now become an annual event in Madurai, and it has played a significant role in creating a green cover in the city.



**Rotaract Club**  
**Saving Electricity**

Name of the activity : Saving Electricity

Collaborative Agency : Rotaract club of SIT

Year of the activity : 07.08.2018

Venue : EEE Seminar Hall, SIT.

No. of students participated : 23



Orientation program Conducted in Saving Electricity at EEE Seminar Hall, SIT on  
07.08.2018



Orientation program Conducted in Saving Electricity at EEE Seminar Hall, SIT on 07.08.2018

In 2018, the Rotaract Club of SIT organized an activity called "Saving Electricity" with the objective of creating awareness among students about the importance of conserving energy and electricity. The event took place on 7th August 2018 at the EEE Seminar Hall, SIT.

The event was attended by 75 students from various departments of the college. The activity started with a presentation on the various ways in which electricity can be saved and the importance of conserving energy. The students were educated on the need to minimize energy consumption and use alternative sources of energy like solar power and wind power.

Following the presentation, a discussion was held where the students were encouraged to share their ideas and suggestions on how they could contribute to saving electricity. Some of the ideas discussed included switching off electrical appliances when not in use, using energy-efficient appliances, and reducing the usage of air conditioning.

To make the activity more interactive, the students were divided into groups and were given a task to come up with a plan on how to reduce energy consumption in their respective departments. The groups came up with innovative ideas, and the best ideas were awarded.

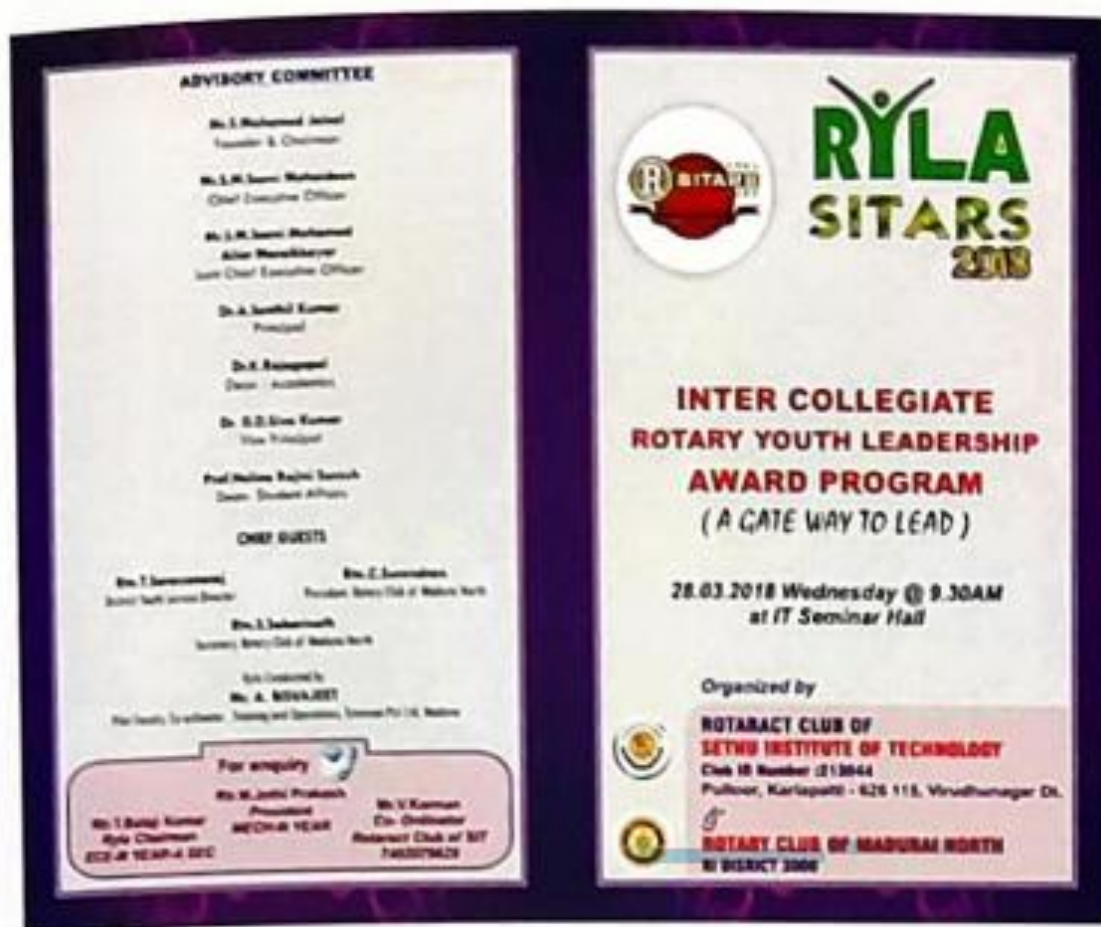


Overall, the "Saving Electricity" activity was a great success, and it helped to create awareness among the students about the importance of conserving energy and electricity. The Rotaract Club of SIT plans to organize more such activities in the future to promote environmental conservation and sustainability.

## Rotaract Club

### Ryla 18: Intercollegiate

Name of the activity	:	Ryla 18: Intercollegiate
Collaborative Agency	:	Rotaract club of SIT
Year of the activity	:	28.03.2018
Venue	:	Sethu Institute of Technology
No. of students participated	:	28



Brocher - Ryla 17: Intercollegiate



Ryla 18: Intercollegiate at Sethu Institute of Technology on 28.03.2018

In March 2018, the Rotaract Club of SIT organized an intercollegiate event called "RYLA 18" at the Sethu Institute of Technology. The event aimed to provide a platform for students from various colleges to come together, interact and participate in various leadership and team-building activities.

A total of 82 students from different colleges participated in the event. The event started with an ice-breaking session to help the students get to know each other. This was followed by various team-building activities like group discussions, problem-solving games, and leadership exercises.

The students were also provided with a platform to showcase their talents through various competitions like public speaking, debating, and singing. The winners were awarded prizes and certificates.

Overall, RYLA 18 was a huge success, and it provided an excellent platform for students from different colleges to come together, learn from each other, and develop their leadership and team-building skills. The Rotaract Club of SIT plans to organize more such events in the future to promote collaboration and leadership among students.

**Rotaract Club****Awareness Program on Role of Rotaract Club in Social Activities**

Name of the activity	:	Awareness Program on Role of Rotaract Club in Social Activities
Collaborative Agency	:	Rotaract club of SIT
Year of the activity	:	13.03.2018, 14.03.2018
Venue	:	Sethu Institute of Technology
No. of students participated	:	65



Awareness Program on Role of Rotaract Club in Social Activities at Sethu Institute of Technology on 13.03.2018 and 14.03.2018





Awareness Program on Role of Rotaract Club in Social Activities at Sethu Institute of Technology on 13.03.2018 and 14.03.2018

In March 2018, the Rotaract Club of SIT organized an awareness program on the role of Rotaract clubs in social activities. The event aimed to educate students about the importance of community service and the role that Rotaract clubs can play in promoting social welfare.

The event was held over two days on 13th and 14th March 2018 at the Sethu Institute of Technology. A total of 65 students attended the event. The program started with a presentation on the history and mission of Rotaract clubs and their contribution to society. The students were also educated on the various social activities and community service initiatives taken up by the Rotaract Club of SIT.

The event also included interactive sessions where students were encouraged to share their views on community service and suggest ideas for social welfare activities that could be taken up by Rotaract clubs. The students participated in group discussions and brainstorming sessions to come up with innovative ideas for community service.

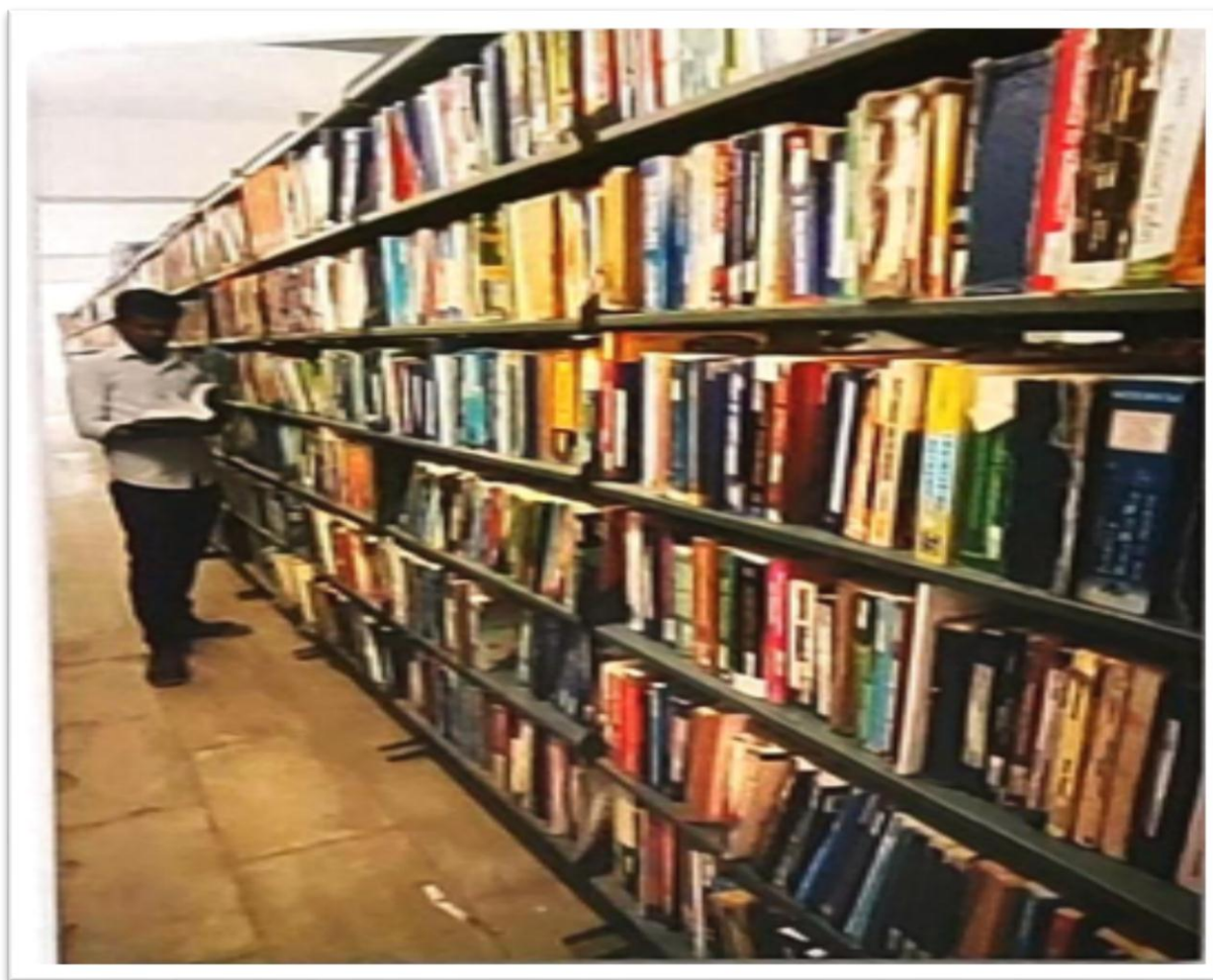
The second day of the event included a practical session where the students were divided into groups and were given a task to plan and execute a social welfare activity. The groups came up with various ideas like tree planting, blood donation camps, and charity drives, among others.

Overall, the Awareness Program on Role of Rotaract Club in Social Activities was a huge success, and it helped to create awareness among students about the importance of community service and the role that Rotaract clubs can play in promoting social welfare. The Rotaract Club of SIT plans to organize more such awareness programs in the future to promote community service and social welfare.



**Rotaract Club**  
**Resource Arrangement program in Central Library**

Name of the activity	:	Resource Arrangement program in Central Library for the students to access the books more easily
Collaborative Agency	:	Rotaract club of SIT
Year of the activity	:	03.02.2018
Venue	:	Central Library, SIT
No. of students participated	:	38



Resource Arrangement program in Central Library for the students to access the books more easily at central Library on 03.02.2018



Resource Arrangement program in Central Library for the students to access the books more easily at central Library on 03.02.2018

In February 2018, the Rotaract Club of SIT organized a resource arrangement program in the Central Library of the college to make it easier for students to access the books. The event aimed to provide a more convenient and organized way for students to borrow books and use the library resources.

The program was held on 3rd February 2018 at the Central Library of SIT, and a total of 25 students participated in the event. The program started with an introductory session where the students were briefed on the new resource arrangement system that was being implemented in the library. The students were also informed about the various library resources available to them.

The Rotaract Club of SIT then assisted the library staff in rearranging the books and resources to make them more easily accessible to the students. The club members helped in categorizing the books and labeling them appropriately, making it easier for students to find the books they needed.

The students were then given a tour of the library and shown how to use the new resource arrangement system. The students were also informed about the library rules and regulations and were encouraged to make full use of the library resources.

Overall, the resource arrangement program in the Central Library was a great success, and it helped to provide a more organized and convenient way for students to access the books and resources. The Rotaract Club of SIT plans to continue working with the library staff to improve the library services and make it a more accessible and convenient place for students to study and learn.

**YOUTH RED CROSS  
STRESS MANAGEMENT**

Name of the activity : Stress Management

Collaborative Agency : Thiagarajar college - Madurai

Year of the activity : 02.04.2018

No. of students participated : 57



Stress Management at Thiagarajar college – Madurai on 02.04.2018

The Stress Management program was organized in collaboration with Thiagarajar college in 2018, with 60 students participating. The program aimed to equip students with the necessary tools to manage stress effectively. The participants were taught various techniques to manage stress, including breathing exercises, meditation, and yoga. They were also given tips on time management, goal setting, and how to prioritize tasks to avoid overwhelming situations. The program was well received by the students and helped them to cope with the stress and pressure of their studies and daily lives.



**ECO CLUB**  
**YOUNG ENVIRONMENTAL TALENT PROGRAM**

Name of the activity	:	Rally on 'Plastic Free Environment' at Madurai
Collaborative Agency	:	CARING NATURE
Year of the activity	:	11.07.2018
No. of students participated	:	31



Rally on 'Plastic Free Environment' at Madurai on 11.07.2018

In July 2018, the Eco Club of Sethu Institute of Technology collaborated with CARING NATURE to organize the "Young Environmental Talent Program". The program aimed to create awareness among students about environmental issues and promote their participation in sustainable initiatives.

The event saw participation from 150 students who were taken through various activities that helped them understand the importance of preserving the environment. The program included interactive sessions, quizzes, debates, and skits that encouraged students to think critically about environmental issues.





Young Environmental Talent Program on 11.07.2018

Experts from the field of environmental science were also invited to deliver lectures and share their experiences with the students. The participants were provided with guidance on how to initiate and execute eco-friendly projects in their communities.

The "Young Environmental Talent Program" was a huge success, with students showing a keen interest in the subject and actively participating in the various activities. The program was able to create a sense of responsibility among the students towards the environment, and also helped them to develop leadership and teamwork skills. Through this initiative, the Eco Club and CARING NATURE were able to contribute towards creating a more environmentally conscious generation.

**Women Empowerment Cell**  
**Workshop on “Building yourself as a brand”**

Name of the activity	:	Workshop on “Building yourself as a brand”
Year of the activity	:	17.10.2018
No. of students participated	:	Around 105
Guest and Resource person	:	1. Dr.N.Manujula, Thagrajar school of management(TSM), Madurai. 2. Ms.Umarani Umarani caters, Women entrepreneur, Madurai.



Workshop on “Building yourself as a brand” on 17.08.2018

The Women Empowerment Cell of Sethu Institute of Technology organized a workshop on "Building yourself as a brand" on 17th October 2018. The workshop aimed to empower and equip the students, especially women, with the knowledge and skills necessary to establish themselves as successful entrepreneurs and leaders.

The workshop was attended by around 150 students who actively participated in the sessions. The resource persons for the event were Dr. N. Manujula from Thagrajar School of Management, Madurai, and Ms. Umarani from Umarani Caters, a successful women entrepreneur from Madurai.

Dr. N. Manujula provided insights on the importance of personal branding and how to develop a strong personal brand. Ms. Umarani shared her journey as a successful entrepreneur and discussed the challenges faced by women in the industry. She also highlighted the importance of networking and building relationships to grow as an entrepreneur.

The workshop proved to be a valuable learning experience for the students, especially in understanding the importance of self-branding and personal development. The Women Empowerment Cell of Sethu Institute of Technology continues to organize such events to promote and empower women in their pursuit of success.

**Women Empowerment Cell**  
**Dear Final year Event**

Name of the activity : Dear Final year Event

Year of the activity : 15.10.2018 & 16.10.2018

No. of students participated : Around 204

Judges : Dr.S.Jenica, IT,  
Dr.M.Malathi,CSE, Ms.S.Rathnamala,IT  
Ms.K.Vimaladevi,BME, Ms.D.Rojaramani,IT  
Ms.G.Rajalakshmi,IT, Ms.C.Parameswari,IT  
Ms.P.Pabithamuthu,IT



Dear Final year Event on 15.10.2018 & 16.10.2018



**Women Empowerment Cell**  
**Self-defense training program**

Name of the activity	:	Self-defense training program
Year of the activity	:	31.01. 2018
No. of students participated	:	Around 153
Guest and trainer	:	Shinhan P.R.Nagachandran Rokudan Chief instructor/Technical Director, Nihon Gaju Ryu Karate Do-India



Self-defense training program on 31.01. 2018

In January 2018, a self-defense training program was organized for around 150 students. The aim of this program was to empower students with self-defense skills and enhance their confidence to handle difficult situations.

The guest and trainer for the program was Shinhan P.R. Nagachandran Rokudan, who is the Chief Instructor and Technical Director of Nihon Gaju Ryu Karate Do-India. He is a well-known expert in martial arts and has extensive experience in teaching self-defense techniques.





Self-defense training program on 31.01. 2018

The training program started with a brief introduction by Shinhan P.R. Nagachandran about the importance of self-defense and the need to be aware of one's surroundings. He then proceeded to demonstrate various techniques for self-defense, including basic strikes, kicks, and blocks.

The students were divided into groups based on their age and skill level, and the training was tailored to suit their needs. Shinhan P.R. Nagachandran and his team of instructors provided individual attention to each student and ensured that they understood the techniques correctly.

Apart from physical training, the students were also given tips on how to avoid potentially dangerous situations and how to respond in case of an attack. The training program was conducted in a friendly and supportive atmosphere, which made it easier for students to learn and practice.

At the end of the program, all the students were given a certificate of participation. The program was a huge success, and the students reported feeling more confident and prepared to handle any challenging situations that may arise in the future. The organizers and participants expressed their gratitude to Shinhan P.R. Nagachandran and his team for providing such a valuable training program.

**Women Empowerment Cell****Guest Lecture on “Legal Rights for Women”**

Name of the activity	:	Guest Lecture on “Legal Rights for Women”
Year of the activity	:	07.02.2018
No. of students participated	:	III Year Girl students (around 201 Girl students)
Guest	:	Ms. P.Sona Alagesh, Advocate – High Court, Madurai



Guest Lecture on “Legal Rights for Women” on 07.02.2018

**Women Empowerment Cell****Workshop on “Fabric Painting” jointly with SIT Fine arts association and Camlin Kokuyo**

Name of the activity : Workshop on “Fabric Painting” jointly with SIT Fine arts association and Camlin kokuyo

Year of the activity : 22.02.2018 & 23.02.2018

No. of students participated: Around 160 students and 10 faculty members participated and trained on Fabric painting. All Participants received Camlin kit and the best performers received prizes from Camlin.

Trainer : Mr. Arun kumar, Camlin and team.



Workshop on “Fabric Painting” at sethu Institute of Technology on 22.02.2018 & 23.02.2018



**Women Empowerment Cell****Role of women in science and technology**

Name of the activity	:	Role of women in science and technology
Collaborative Agency	:	National Science Day celebration- English Elocution
Year of the activity	:	28.02.2018
No. of students participated	:	65 Girl students from different department.

**Judges:**

Ms.Poomanipunitha, AP/CSE

Ms.Brinilla Bright, AP/Civil

**National Science Day celebration Feb 28th 2018**  
**English Elocution- Participants- 36 girl students**  
**Topic: Role of women in science and technology**



Role of women in science and technology on 28.02.2018

**Women Empowerment Cell****Women's Day Competitions**

Name of the activity : Women's Day Competitions

Year of the activity : 28.02.2018 to 02.03.2018

No. of students participated : 105 Girl Students from all departments

participated in various competitions.

**Guest:**

Ms. Visalakshi,

Professor(Retd),

Fatima College, Madurai

